My name is Ada Fahnbulleh. I was born and raised in Freetown, Sierra Leone, where I completed my education, including a Bachelor’s degree in French and History from Fourah Bay College. It was there that I met my Liberian husband —my partner in life, love, and parenthood. We married in 1975 after a seven-year courtship and went on to build a life marked by shared dreams, international experiences, and the joy of raising a family.

My love for the French language guided my professional journey. After further training as a Bi-Lingual Secretary in London, I earned a Diploma in Translation (French to English) at the prestigious ESIT in Paris, France. These qualifications opened doors to meaningful roles in several international organisations, including the World Bank in Washington, DC, the International Maritime Organisation (IMO), the International Maritime Satellite Organisation (Inmarsat) and the European Bank for Reconstruction and Development (EBRD) in London UK respectively.

Our first child, Fidel—the heart of this website—was born in Washington, DC while my husband was pursuing his Master’s Degree at Howard University. He later earned a PH.D in Political Philosophy and International Politics from George Washington University.

We returned to Liberia to continue our lives and careers, after our stay in Washington D.C but the political climate became volatile at some point. My husband, outspoken in his criticism of the government’s corruption and injustice , faced personal risk. As civil unrest escalated and the threat of war loomed, we were forced to leave the country. We eventually resettled in London, where we raised our family and found a new sense of home.

 Fidel was bright, compassionate, and full of promise. Losing him at just 19 years old changed my life forever.

This website is born out of that profound loss. It is a space where I share my journey through grief, and the ways I’ve learned—slowly, painfully, and with grace—to live beyond it. I write to honor Fidel, to reflect on love and resilience, and to offer comfort to others navigating their own path through sorrow.

If you are here because you are grieving, know that you are not alone. This space is for you too.